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# HEAR OUR VOICE

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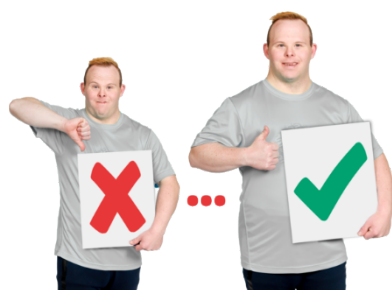
Sheffield's Learning Disabilities Strategy 2023-2030

Appendix 3 – What we know about learning disabilities in Sheffield

## Introduction



This document is an add on to Hear Our Voice, Sheffield's Learning Disabilities Strategy 2023-2030.



This document explains some of the important things we know affect the lives of people with a learning disability. Sometimes the experiences of people with a learning disability are not good. This document helps explain why we need to have a strategy and why we need to work hard to make people's lives better.



Everything in our strategy came from people with learning disabilities, their families, and carers. You can find more information about this in another document - 'How our strategy was developed'.



You can find out more about the things we will do to help make the lives of people with a learning disability better in another document - 'All Come Together: Our 2023 Plan'. This will be updated every year.



The [Sheffield Learning Disabilities Partnership Board](#) will check the strategy every year to make sure we are doing what we said we would do. We'll work with our communities to figure out how we can share our progress in the best way. You can find out more about this in another document - 'How we'll check our plan's progress'.



Some of what is in this document might make you upset. Please talk to someone you trust about it if you need some help. There are contact details at the end of this document if you want to speak to someone.

## What we know about learning disabilities in Sheffield



The total number of people with learning difficulties in the population is not known with certainty.

There are about 1.5 million people with a learning disability in the UK. This could mean about 12000 people with a learning disability live in Sheffield.



People with a learning disability have worse physical and mental health than people without a learning disability. They face lots of barriers to accessing quality healthcare.



People with learning disabilities do not live as long as people who don't have a learning disability. Many of these early deaths could be prevented.



1 in 20 people with a learning disability is in paid employment compared to 15 in 20 adults who do not have a learning disability.



3 in 4 people living with autism and learning disabilities have experienced hate crime. 1 in 4 of those people were more likely to say they felt suicidal because of what happened. We don't know how much this affects people with a learning disability in Sheffield. We're confident that it is underreported.

## Where to find support



To find out what support is currently available for people with a learning disability and their carers and families in Sheffield please visit <https://www.sheffielddirectory.org.uk/adults/>

Or call Sheffield City Council First Contact Team on **0114 273 4908**

## About this document

Hear Our Voice – Appendix 3 What we know about learning disabilities in Sheffield.

Sheffield’s Learning Disabilities Strategy, 2023-2030.

This version was produced in October 2023.

Available in different formats and languages. Contact us about this.

Sheffield City Council Strategy and Commissioning Service.

Telephone (0114) 273 4119. Email [information@sheffield.gov.uk](mailto:information@sheffield.gov.uk).

For more information about Adult Social Care, visit our website [www.sheffield.gov.uk](http://www.sheffield.gov.uk).